Teen Expectation Worksheet

Part I. Please fill out the section below answering the questions as honestly as possible with Yes (Y), No (N), or Unknown (U). Use unknown only if you have no idea how to answer the question. You may want to write down any other questions that come to mind or concerns you want to discuss.

1. Family

Y N U My mother's role will stay the same.
Y N U My father's role will stay the same.
Y N U My relationship with my parents will stay the same.

2. Extended Family

My father's parents…

Y N U Will come to visit.
Y N U Will be able/willing to communicate regularly.
Y N U Are excited about our family moving.

My mother's parents…

Y N U Will come to visit.
Y N U Will be able/willing to communicate regularly.
Y N U Are excited about our family moving.

3. Current Friends

Whom will you write or call the most? How often?

Who will keep you up-to-date about what is going on in your old school, your friends and other important happenings you left behind, but want to know about?

Y N U My friends will keep in regular contact with me.
Y N U My friends will be interested in what I am doing.

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4. School / Community / Culture

Y	N	U	I will make friends with nationals.
Y	N	U	I will do well in my studies in school.
Y	N	U	I will like the new culture.
Y	N	U	I will make new friends easily.
Y	N	U	I will be able to get involved in activities/sports I enjoy.

Part II. In the sections below, check any statement that sounds like you.

5. Change

❒ I find change exciting.
❒ I am slow to change, but will adjust at my own pace.
❒ I don't need help getting used to new things and places.
❒ Change is very difficult for me.
❒ I hate change.
❒ I will need a lot of time and help to make this change.

6. Making Friends

❒ I make new friends easily.
❒ I like new people to try to get to know me.
❒ I take my time making new friends, but we usually become very good friends.
❒ I need only one good friend.
❒ I am happiest with lots of friends.
❒ I can make friends on my own.
❒ I need help to make friends.

7. Language

❒ I think learning a new language will be difficult.
❒ I think I will like learning a new language.
❒ I am not sure I will learn more than a few words or phrases.
❒ I will learn the language by meeting people my own age.
❒ I will learn the language by taking it in school along with my other classes.
❒ I will spend a period of time studying the language full-time.

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